



BOOTCAMP MARCH 2021

WEEK 5	TYPE	DATE	TIME	LOCATION
SESSION 9	GYM BOOT	WED 10TH MAR	6.30PM - 7.30PM	SARGE'S BARRACKS - 87 COLBY DRIVE, BELGRAVE HEIGHTS
SESSION 10	BATTLE FATIGUE	MON 15TH MAR	6.30PM - 7.30PM	BIRDSLAND MEET INSIDE AT BBQ AREA
WEEK 6	TYPE	DATE	TIME	LOCATION
SESSION 11	"NRG FIT"	WED 17TH MAR	6.30PM - 7.30PM	SARGE'S BARRACKS - 87 COLBY DRIVE, BELGRAVE HEIGHTS
SESSION 12	BOX & BATTLE	MON 22ND MAR	6.30PM - 7.30PM	SARGE'S BARRACKS - 87 COLBY DRIVE, BELGRAVE HEIGHTS
WEEK 7	TYPE	DATE	TIME	LOCATION
SESSION 13	GYM BOOT	WED 24TH MAR	6.30PM - 7.30PM	SARGE'S BARRACKS - 87 COLBY DRIVE, BELGRAVE HEIGHTS
SESSION 14	BATTLE FATIGUE	SAT 27TH MAR	9.30AM-10.30AM	LOCATION TBA
WEEK 8	TYPE	DATE	TIME	LOCATION
SESSION 15	"NRG FIT"	MON 29TH MAR	6.30PM - 7.30PM	SARGE'S BARRACKS - 87 COLBY DRIVE, BELGRAVE HEIGHTS
SESSION 16	BOX & BATTLE	WED 31ST MAR	6.30PM - 7.30PM	SARGE'S BARRACKS - 87 COLBY DRIVE, BELGRAVE HEIGHTS

